

# WBOP Region Service Providers Supporting Neurodiversity Map (2025)

A Directory for professionals in the Social, Health and Education Sectors

Proudly compiled by:



# WBOP Region Service Providers' Map

## Who is this for?

There has been a noticeable increase in people looking for information and support around neurodivergence (particularly regarding autism and ADHD), by parents and caregivers, as well as adults (both diagnosed and undiagnosed).

It can be hard to know where to start, which service provider to link your clients with first.

If you work in the social, health or education sector – this guide is for you!

Compiling this guide of (mostly) Spectrum Collective members' services, we hope this will be a valuable resource in your kete. This guide is intended as a starting point, it is not a complete directory of all services available in the wider region.

## Who are we?

### **Spectrum Collective Takiwātanga:**

This is a collaborative and collective group of Western Bay of Plenty service providers who support whānau, children, teens and adults navigate neurodiversity in their everyday lives.

Spectrum Collective Takiwātanga came together in late 2019 and connects bi-monthly to network, share information and updates as well as undertake events and projects that support community connections and wellbeing for the whānau and individuals they work with.

### **SocialLink Tūhono Pāpori:**

Spectrum Collective Takiwātanga is supported by SocialLink's Collaborative Practice Coordinator, who facilitates collective groups from the social and community sectors to come together to set and achieve collective goals and outcomes. SocialLink strengthens organisations from the inside, providing tools to empower our social and community sector. See the many services SocialLink offers – : <https://socialink.org.nz/>

# Mapping it out

- Page 4 – Map Overview
- Page 5 – Diagnosis
- Page 6 – Understanding Neurodiversity
- Page 7 – Connecting with Others
- Page 8 – Behaviour Support and Life Skills
- Page 10 – Financial and General Access to Support
- Page 11 – Respite Care and Mentoring
- Page 12 to 17 – WBOP Region – Spectrum Collective member Service Provider Directory

Finding the right support:

# Service Providers Supporting Neurodiversity Map



## Diagnosis – may help access financial and other support

Child or Teen  
FREE



Paediatrician – if already under their care (can prescribe medication)



GP referral to CHIRP (Child Health Integrated Response Pathway). CHIRP may then refer to Paediatrician, MiCAMHS and/or Child Development Services.



School referral to CHIRP

Child or Teen  
Private



Bay Paediatrics – private practice p12

All ages –  
private  
up to \$3000



Psychiatrist (can prescribe medication)



Psychologist (can NOT prescribe medication)

Adult – public  
health



GP referral to Mental Health Services, community based or DHB/Te Whatu Ora.  
NOTE – DHB criteria and treatment thresholds are set at very high need so often a private diagnosis may be the alternative

# Understanding Neurodiversity – Information and Courses

## Information

- [ADHD NZ \( https://www.adhd.org.nz/ \)](https://www.adhd.org.nz/)
- Altogether Autism
- CCS Disability Action
- Parent 2 Parent

## Courses and Workshops

- Altogether Autism
- Explore
- Mockingbird
- Parent 2 Parent
- IHC
- FASD CAN
- SPELD
- Bay Paediatrics

# Connecting with Others – finding support and community

## Parents and Caregivers

- Paragons NZ
- Parent 2 Parent
- Spectrum Connections
- Autism NZ

## Siblings

- Parent 2 Parent

## Children

- Mockingbird
- Paragons NZ (ages 9 and up)

## Teens

- Mockingbird
- Chrome Collective
- Paragons NZ

## Adults

- Altogether Autism - By Autistics for Autistics Zoom groups
- Island of Misfits - (ages 16 -30)
- Facebook group for adults in Tauranga area (<https://www.facebook.com/groups/adhdtauranga/>)
- Paragons NZ
- Chrome Collective

# Behaviour Support and Life Skills

Children's Services

For Children

- Family support, Parenting Courses, Social Workers (Family Works Northern)
- Family Therapy, Children's Village, Social Workers (Stand Children's Services Tū Māia)
- BB NZ (ICONZ) (page 16)
- Your Garden
- Explore Wellness Org - require a NASC
- Local Area Coordination for those with a diagnosed disability (up to age 65)

For Teens

- Family Therapy, Parenting Courses, Social Workers (Family Works Northern)
- Family Therapy, Children's Village, Social Workers (Stand Children's Services Tu Maia)
- Local Area Coordination for those with a diagnosed disability (up to age 65)
- Explore Wellness Org - require a NASC



## For Adults

- Local Area Coordination for those with a diagnosed disability (up to age 65)
- Private Therapist - fee applies
- Supported Living, employment and empowerment services (Enrich+)
- Vocational training, employment and empowerment services, day programmes (Chrome Collective for age 16 and up)

## General

- Poutiri Wellness Centre

# Financial Support and General Access to Supports

## Financial

- Work and Income

## General

- CCS Disability Action
- NASC (Needs Assessment) via Support Net

## Advocacy

- CCS Disability Action
- Health and Disability Advocacy Services – Tauranga 07 577 1715 OR 080 555 050
- Social Workers
- For age 16 and up (Chrome Collective)

# Respite Care and Mentoring

## Respite Care

- Open Home Foundation – requires a NASC

## Mentoring

- Island of Misfits (For approx age 16–30)
- Chrome Collective (For age 16 and up)

# WBOP Region – Service Providers’ Directory

-  **Altogether Autism**  
Information and advice; workshops and trainings  
Event: By Autistics for Autistics Zoom hui (age 18 and up)  
Covers : children, teens, families, adults, professionals  
Email : [info@altogetherautism.org.nz](mailto:info@altogetherautism.org.nz)  
Live chat on website, 9.00am–4:30pm, M–F  
<https://www.altogetherautism.org.nz/>
-  **Autism NZ**  
Education and information, including training for professionals  
Covers : families, adults  
<https://autismnz.org.nz/>  
Contact : Outreach Coordinator     [Janine.parsons-eade@autismnz.org.nz](mailto:Janine.parsons-eade@autismnz.org.nz)
-  **Bay Paediatrics – private**  
Diagnoses, Parenting support, Courses and Workshops, Free podcasts  
Covers : children, teens  
<https://baypaediatrics.com/>  
Email : [hello@baypaediatrics.com](mailto:hello@baypaediatrics.com)
-  **CCS Disability Action**  
Information, advocacy and help to access supports  
Covers : children, teens, families, adults  
<https://www.ccsdisabilityaction.org.nz/north-island/tauranga>

- Child Development Service – DHB/Te Whatu Ora**  
Autism Coordinator, information  
Covers : children, teens (up to age 16), families  
Phone : 07 571 4768  
<https://www.bopdhb.health.nz/health-and-support/a-z-of-hospital-services/child-development/>
- Chrome Collective**  
Supporting people with disabilities in WBOP, Waihi and Paeroa areas with vocational training/education, day programmes, employment, empowerment, advocacy, information, mentoring and coaching  
Covers : from age 16  
[www.chromecollective.co.nz](http://www.chromecollective.co.nz)  
<https://www.facebook.com/chromecollectivecommunity>  
Email : [hello@chromecollective.co.nz](mailto:hello@chromecollective.co.nz) Ph: 022 365 0703
- Enrich+**  
Supported living, employment and empowerment services  
Covers : older teens, adults  
<https://enrichplus.org.nz/services/tauranga/>
- Explore Hapainga Ora – Behavioural Services**  
Behaviour :  
Behaviour Support – age range 0–65 (at client’s Home or Residential)  
Early Intervention Stepping Stones (ages 0–12)  
Diagnostic assessments for Intellectual Disability  
Training for service providers / Families (fee for service)

Diagnosed autism support. Referrals via NASC/Support Net  
Free parent education courses – need diagnosis, but no need for NASC referral  
Exploring Autism (ages 0–5 and 6–9) Teen Life (ages 10–16)  
Covers : children, teens, families, adults  
<https://explorewellbeing.org.nz>

-  **Family Works Northern**  
Family support, counselling, social workers, parenting programmes, family violence programmes  
Covers : children, teens, families, adults  
<https://www.familyworksnorthern.org.nz/>
-  **Island of Misfits**  
Peer support, social and discussion group (topics may cover faith, world views and neurodiversity , workshops and events)  
Covers : Ages 16–30 (approximately)  
Email : [emma.cox@steiger.org](mailto:emma.cox@steiger.org)  
FB : <https://www.facebook.com/p/Island-of-Misfits-Community-100083696558199/>
-  **Matahui School One-Day Neurodiverse School Programme**  
Specially designed for children with specific learning needs\* – this programme includes components of structured literacy, mathematics, and hands-on project-inquiry.  
Covers : School years 3–10  
<https://matahui.school.nz/one-day-school/>
-  **MiCAMHS**  
Support, diagnosis and interventions for moderate to severe mental health, including anxiety, depression, ADHD, behavioural difficulties, self-harm, drug/alcohol addiction, eating disorders  
Covers : children, teens  
Referral : Via GP or school to CHIRP
-  **Mockingbird**  
Social groups for children, workshops for families  
Covers : children, families  
<https://mockingbird.org.nz/>

- Open Home Foundation**  
Respite care at Oasis for children, social work services  
Referral via Oranga Tamariki or Support Net/NASC  
Covers : children, families  
<https://ohf.org.nz/>
- Paragons NZ**  
Paragons is a group where those living with neurodiversity or disabilities can come together, make friends and get support  
Covers : children (ages 9 and up), teens, families, adults  
<https://m.facebook.com/61554153314980/>
- Parent 2 Parent**  
Information, events, seminars, family support groups  
Covers : children, teens, families, siblings  
Contact : Jane 027 808 3945  
<https://parent2parent.org.nz/locations/coastal-bay-of-plenty/>
- Poutiri Wellness Centre**  
Full range of medical and wellness services, including whānau ora  
Covers : children, teens, families, adults  
<https://www.poutiriwellnesscentre.org/>
- Sonic Cinema**  
Inclusive, sensory cinematic events.  
Covers : children, teens, adults, families, organisations  
Email : [info@soniccinemanz.com](mailto:info@soniccinemanz.com)



### **Spectrum Connections**

Coffee support group and social family events

Covers : children, teens, families

<https://spectrumconnections.weebly.com/>



### **Stand Children's Services Tū Māia**

Social workers, children's village, family therapy

Covers : children, teens, families

<https://www.standforchildren.org.nz/>



### **Support Net**

NASC (Needs Assessments)

Covers : children, teens, adults

<https://www.bopdhb.health.nz/health-and-support/health-wellbeing-services-and-advice/support-net-disability-services-and-support/>



### **Therapists -private (members of Spectrum Collective)**

Kate Ferris - Psychologist

Metacognition - Clinical psychology and neuropsychology

Mind Body Connect - Lesia Smith - neuro psychologist

Torch Light - Susan Ricketts - therapist and trainer

Nadia du Plessis - Psychologist

<https://www.kateferris.co.nz/>

<https://www.metacognition.co.nz/>

<https://www.mindbodyconnect.health/>

<https://torch-light.co.nz/>

[ndpeducology@gmail.com](mailto:ndpeducology@gmail.com)



### **Your Garden**

Gardening therapy to build social skills

Covers : groups of children from a school

Referrals via schools

Email : [jess.hubbard@yourgarden.org.nz](mailto:jess.hubbard@yourgarden.org.nz)

<https://www.facebook.com/yourgardentauranga/>







### **Your Way | Kia Roha**

**Local Area Coordination:**

**Person-centered, strength based approach to living well by removing or shifting barriers to inclusion.**

**Covers : up to age 65 with a diagnosed disability as defined by Whaikaha (includes autism)**

**Email : victoria.brott@yourwaykiaroha.nz**

**Phone : 0800 758 700 OR 027 588 2698**

**Learning and Information Centre – Trainings and workshops; disability and autism information**

**Covers : disabled people, whānau and professionals**

**Hidden Disabilities Sunflower Lanyard Training for Organisations**

**<https://www.yourwaykiaroha.nz/learning-information/hidden-disabilities-sunflower/>**



### **Work and Income Phone 0800 559 009**

**For people on benefits or working**

**Special Needs Grant**

**<https://www.workandincome.govt.nz/products/a-z-benefits/special-needs-grant.html>**

**For people in work ONLY**

**Recoverable Assistance Payment**

**<https://www.workandincome.govt.nz/products/a-z-benefits/recoverable-assistance-payment-grant.html>**



### **Spectrum Collective PARTNER – Boys' Brigade/ICONZ**

**Currently providing a three year pilot woodworking programme (2023 –2026) for neurodiverse children, school years 5–8, delivered by Stu Thompson.**

**Up to six children attend for two terms, building motor skills, social skills and social connections .Boys and girls welcome. Very high needs are not able to be catered due to the nature of the activities and group setting.**

**<https://www.bb.org.nz/>**

