# WBOP Region Service Providers Supporting Neurodiversity Map (2024)

A Directory for professionals in the Social, Health and Education Sectors

### Proudly compiled by:





# **WBOP Region Service Providers' Map**

### Who is this for?

There has been a noticeable increase in people looking for information and support around neurodivergence (particularly regarding autism and ADHD), by parents and caregivers, as well as adults (both diagnosed and undiagnosed).

It can be hard to know where to start, which service provider to link your clients with first.

If you work in the social, health or education sector - this guide is for you!

Compiling this guide of (mostly) Spectrum Collective members' services, we hope this will be a valuable resource in your kete. This guide is intended as a starting point, it is not a complete directory of all services available in the wider region.

### Who are we?

#### Spectrum Collective Takiwātanga:

This is a collaborative and collective group of Western Bay of Plenty service providers who support whānau, children, teens and adults navigate neurodiversity in their everyday lives.

Spectrum Collective Takiwātanga came together in late 2019 and connects bi-monthly to network, share information and updates as well as undertake events and projects that support community connections and wellbeing for the whānau and individuals they work with.

#### SociaLink Tühono Pāpori:

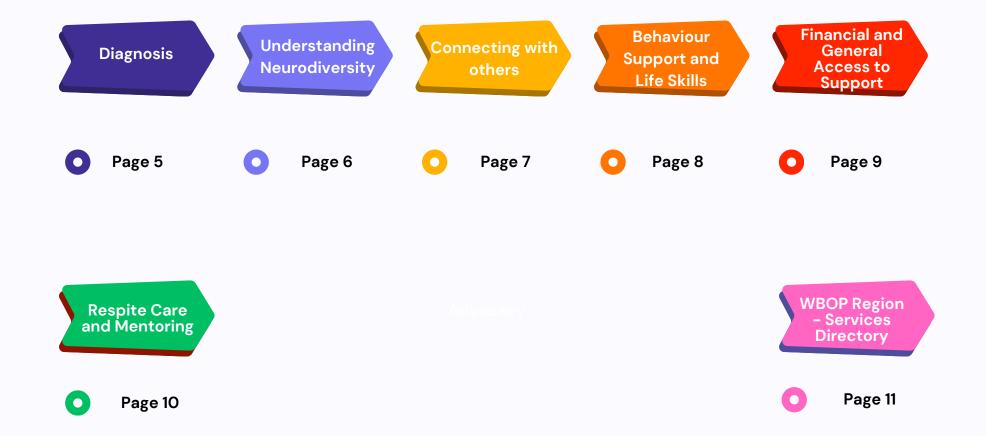
Spectrum Collective Takiwātanga is supported by SociaLink's Collaborative Practice Coordinator, who facilitates collective groups from the social and community sectors to come together to set and achieve collective goals and outcomes. SociaLink strengthens organisations from the inside, providing tools to empower our social and community sector. See the many services SociaLink offers -: https://socialink.org.nz/

# Mapping it out

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### Finding the right support:

# Service Providers Supporting Neurodiversity Map



### Diagnosis - may help access financial and other support

Child or Teen FREE 0

Paediatrician - if already under their care (can prescribe medication)

GP referral to CHIRP (Child Health Integrated Response Pathway). CHIRP may then refer to Paediatrican, MiCAMHS and/or Child Development Services.

School referral to CHIRP

All ages private up to \$3000 Psychiatrist (can prescribe medication)

Psychologist (can NOT prescribe medication)

Adult - public health

GP referral to Mental Health Services, community based or DHB/Te Whatu Ora. NOTE - DHB criteria and treatment thresholds are set at very high need so often a private diagnosis may be the alternative

### Understanding Neurodiversity - Information and Courses

### ADHD NZ (https://www.adhd.org.nz/) Information Altogether Autism Autism NZ **CCS Disability Action** Parent 2 Parent Altogether Autism Courses and Workshops Autism NZ **Explore** Mockingbird Parent 2 Parent **IHC FASD CAN**

**SPELD** 

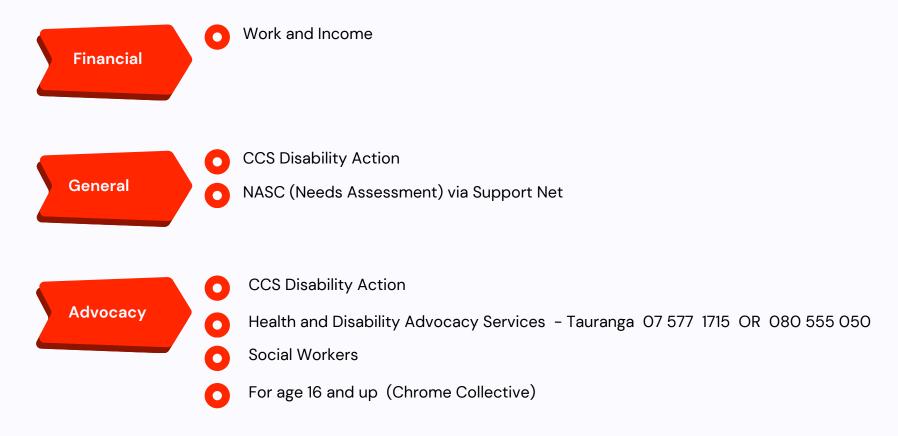
### Connecting with Others - finding support and community

Paragons NZ Parents and Parent 2 Parent Caregivers **Spectrum Connections Siblings** Parent 2 Parent Mockingbird Children Paragons NZ (ages 9 and up) Mockingbird Teens **Chrome Collective** Altogether Autism - By Autistics for Autistics Zoom groups Island of Misfits - (ages 16 -30) **Adults** Facebook group for adults in Tauranga area (https://www.facebook.com/groups/adhdtauranga/) Chrome Collective Page 7

### **Behaviour Support and Life Skills**

Family support, Parenting Courses, Social Workers (Family Works Northern) For Children Family Therapy, Children's Village, Social Workers (Stand Children's Services Tū Māia) BB NZ (ICONZ) (page 16) Your Garden Explore Wellness Org - require a NASC Family Therapy, Parenting Courses, Social Workers (Family Works Northern) **For Teens** Family Therapy, Children's Village, Social Workers (Stand Children's Services Tu Maia) Explore Wellness Org - require a NASC Local Area Coordination for those with a diagnosed disability (up to age 65) **For Adults** Private Therapist - fee applies Supported Living, employment and empowerment services (Enrich+) Vocational training, employment and empowerment services, day programmes (Chrome Collective for age 16 and up) General Poutiri Wellness Centre

# Financial Support and General Access to Supports



# **Respite Care and Mentoring**



# WBOP Region - Service Providers' Directory

Altogether Autism

Information and advice; workshops and trainings

Event: By Autistics for Autistics Zoom hui (age 18 and up)

Covers: children, teens, families, adults, professionals

Email: info@altogetherautism.org.nz

Live chat on website, 9.00am-4:30pm, M-F

https://www.altogetherautism.org.nz/

Autism NZ

Education and information, including training for professionals

Covers: families, adults

https://autismnz.org.nz/

Contact: Outreach Coordinator Janine.parsons-eade@autismnz.org.nz

CCS Disability Action

Information, advocacy and help to access supports

Covers: children, teens, families, adults

https://www.ccsdisabilityaction.org.nz/north-island/tauranga

Child Development Service – DHB/Te Whatu Ora

**Autism Coordinator, information** 

Covers : children, teens (up to age 16), families

Phone: 07 571 4768

https://www.bopdhb.health.nz/health-and-support/a-z-of-hospital-services/child-development/

Chrome Collective

Supporting people with disabilities in WBOP, Waihi and Paeroa areas with vocational training/education, day programmes, employment, empowerment, advocacy, information, mentoring and coaching

Covers: from age 16

www.chromecollective.co.nz

https://www.facebook.com/chromecollectivecommunity

Email: hello@chromecollective.co.nz Ph: 022 365 0703

Enrich+

Supported living, employment and empowerment services

Covers: older teens, adults

https://enrichplus.org.nz/services/tauranga/

Explore Hapainga Ora - Behavioural Services

**Behaviour:** 

Behaviour Support - age range 0-65 (at client's Home or Residential)

Early Intervention Stepping Stones (ages 0-12)

Diagnostic assessments for Intellectual Disability

Training for service providers / Families (fee for service)

Diagnosed autism support. Referrals via NASC/Support Net

Free parent education courses - need diagnosis, but no need for NASC referral

Exploring Autism (ages 0-5 and 6-9) Teen Life (ages 10-16)

Covers: children, teens, families, adults

https://explorewellbeing.org.nz

Family Works Northern

Family support, counselling, social workers, parenting programmes, family violence programmes Covers: children, teens, families, adults

https://www.familyworksnorthern.org.nz/

#### Island of Misfits

Peer support, social and discussion group (topics may cover faith, world views and neurodiversity, workshops and events)

Covers: Ages 16-30 (approximately)

Email: emma.cox@steiger.org

FB: https://www.facebook.com/p/Island-of-Misfits-Community-100083696558199/

#### Matahui School One-Day Neurodiverse School Programme

Specially designed for children with specific learning needs\* - this programme includes components of structured literacy, mathematics, and hands-on project-inquiry.

Covers: School years 3-10

https://matahui.school.nz/one-day-school/

#### MiCAMHS

Support, diagnosis and interventions for moderate to severe mental health, including anxiety, depression, ADHD, behavioural difficulties, self-harm, drug/alcohol addiction, eating disorders

Covers: children, teens

Referral: Via GP or school to CHIRP

#### Mockingbird

Social groups for children, workshops for families

Covers: children, families

https://mockingbird.org.nz/

#### Open Home Foundation

Respite care at Oasis for children, social work services Referral via Oranga Tamariki or Support Net/NASC Covers: children, families

https://ohf.org.nz/

Paragons NZ

Paragons is a group where those living with neurodiversity or disabilities can come together, make friends and get support

Covers: children (ages 9 and up), teens, families, adults https://m.facebook.com/61554153314980/

Parent 2 Parent

Information, events, seminars, family support groups
Covers: children, teens, families, siblings
Contact: Jane 027 808 3945

https://parent2parent.org.nz/locations/coastal-bay-of-plenty/

Poutiri Wellness Centre

Full range of medical and wellness services, including whānau ora Covers: children, teens, families, adults https://www.poutiriwellnesscentre.org/

Sonic Cinema

Inclusive, sensory cinematic events.

Covers: children, teens, adults, families, organisations

Email: info@soniccinemanz.com

Spectrum Connections

Coffee support group and social family events Covers: children, teens, families https://spectrumconnections.weebly.com/

- Stand Children's Services Tū Māia
  - Social workers, children's village, family therapy Covers: children, teens, families https://www.standforchildren.org.nz/
- Support Net
  - NASC (Needs Assessments)
    Covers: children, teens, adults
    https://www.bopdhb.health.nz/health-and-support/health-wellbeing-services-and-advice/support-net-disability-services-and-support/
- Therapists -private (members of Spectrum Collective)

Kate Ferris - Psychologist

Metacognition - Clinical psychology and neuropsychology

Mind Body Connect - Lesia Smith - neuro psychologist

Torch Light - Susan Ricketts - therapist and trainer

https://www.kateferris.co.nz/ https://www.metacognition.co.nz/ https://www.mindbodyconnect.health/ https://torch-light.co.nz/

Your Garden

Gardening therapy to build social skills

Covers: groups of children from a school

Referrals via schools

Email: jess.hubbard@yourgarden.org.nz

https://www.facebook.com/yourgardentauranga/

### Your Way | Kia Roha

**Local Area Coordination:** 

Person-centered, strength based approach to living well by removing or shifting barriers to inclusion.

Covers: up to age 65 with a diagnosed disability as defined by Whaikaha (includes autism)

 ${\bf Email: victoria. brott@yourwaykiaroha.nz}$ 

Phone: 0800 758 700 OR 027 588 2698

Learning and Information Centre - Trainings and workshops; disability and autism information Covers: disabled people, whānau and professionals

Hidden Disabilities Sunflower Lanyard Training for Organisations https://www.yourwaykiaroha.nz/learning-information/hidden-disabilities-sunflower/

#### Work and Income Phone 0800 559 009

For people on benefits or working

**Special Needs Grant** 

https://www.workandincome.govt.nz/products/a-z-benefits/special-needs-grant.html

#### For people in work ONLY

**Recoverable Assistance Payment** 

https://www.workandincome.govt.nz/products/a-z-benefits/recoverable-assistance-payment-grant.html

#### Spectrum Collective PARTNER - Boys' Brigade/ICONZ

Currently providing a three year pilot woodworking programme (2023 -2026) for neurodiverse children, school years 5-8, delivered by Stu Thompson.

Up to six children attend for two terms, building motor skills, social skills and social connections .Boys and girls welcome. Very high needs are not able to be catered due to the nature of the activities and group setting.

https://www.bb.org.nz/